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**Chiropractic Care is almost always associated with back and neck pain and the great success in treating these problems.** Before considering invasive alternatives, always look for gentle natural treatments. Below is a limited list of conditions that

**Back On Track Chiropractic and Massage**

in

**Lacey**

is very effective against.

**Most Common:**

Back Pain

Neck Pain

**Chiropractic is also effective for:**

Headaches

Stress

Low energy

Shoulder and Arm Pain

Carpal tunnel Syndrome

Leg Pain (Sciatica)

Arthritis Pain (Joint Stiffness)

Work or Sports Injury

Arm/Leg Numbness and Tingling